

TIENS PRODUCT GUIDE



TIENS
天狮

—— 天狮让生活更美好 ——
Better Tiens, Better Life

COMPANY PROFILE

The Tiens Group was founded in 1995 by Mr. Li Jinyuan in Tianjin, China. It is a diverse, multinational organisation with interests in many sectors including biotechnology, education, retail, tourism, finance, international trade and e-business.

TIENS entered the international market in 1997 and now has a presence in over 190 countries around the world. It has established divisions in 110 countries and has 50,000 franchised stores globally. TIENS has also formed strategic alliances with many global brands such as Pfizer, IBM and Microsoft.

Through production and distribution of nutrition and wellness products, beauty and skincare products and household products, the Tiens Group has become the lifestyle choice of over 30 million families worldwide.

Tiens Group cares about its social responsibilities - over the years it has donated more than £150 million to charity and public welfare projects across the globe.

The Tiens Group has an unbeatable international team in terms of research, innovation and professionalism, all committed helping the company realise its strategic goals.



BALANCE YOUR LIFESTYLE WITH TIENS

A message from the President...

I started producing food supplements 19 years ago to help my family and home town in China.

Since then, with the help of many people, I have been able to reach over 30 million households in more than 190 countries worldwide.

I am extremely proud and excited that the TIENS experience is extended to families in Europe.

The products that your independent TIENS distributor recommends have been developed from an understanding of traditional Chinese wellness that has been passed down by my countrymen and their forefathers over 5000 years.

Our products work most effectively when taken as part of a healthy, balanced diet. They are designed to help restore the harmonious balance of the body and, once you have tried them, maybe you too will wish to become a TIENS Distributor.

Enjoy your journey.



ARE YOU ONE OF THE 80% OF PEOPLE THAT ARE 'SUB HEALTHY'?

According to statistics from the World health Organisation (WHO), only 5% of people are healthy, 80% of people are not in good health, and 15% of people are considered unhealthy. This means the large proportion of people are 'sub-healthy' i.e. a state between good health and illness, and it's a state that most people put up with without realising there's anything wrong.

Being in good health means being free from illness, with normal body functions and a positive frame of mind. But people exhibiting sub-healthy conditions, if left unchecked, are at risk of becoming sick or suffering more chronic complaints. Even though the sub-healthy condition is more common in people aged over 40, it is an issue of concern at all ages, from teenagers to adults.

The most common symptoms for sub-healthy people are reduced vitality, reduced responsiveness and reduced environmental adaptability. As health deteriorates, symptoms of reduced health can become chronic with frequent sore throats, intermittent flu, and lethargy being common symptoms. Sufferers could also exhibit high cholesterol, high blood sugar, high blood viscosity or low immunity.

It's a common problem and anyone can be reduced to a chronic sub-healthy state when effective health maintenance is not understood. Fortunately sub-healthy people can become healthier, depending on how well they care for themselves.

In China 'Qi balanced wellbeing' has been understood by people for millennia. In contrast, western cultures are broadly unaware of the issues surrounding sub-healthy conditions, indeed many people only ever think about supplementing their diets when they are unwell. In fact, 60% of one's health and life span lies in your hands; determined by the diet, supplement and lifestyle choices you make.

TIENS' founding mission is to deliver balanced health around the globe: to you, your family and your friends.

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A BACKGROUND TO CHINESE MEDICINE AND DIETETICS

Traditional Chinese culture offered the people of ancient China a unique understanding of the processes of life, health and disease. The methods used to fight disease have evolved over 5000 years into a comprehensive system of medicine, which is now known as 'traditional Chinese medicine' and a fundamental part of Chinese culture.



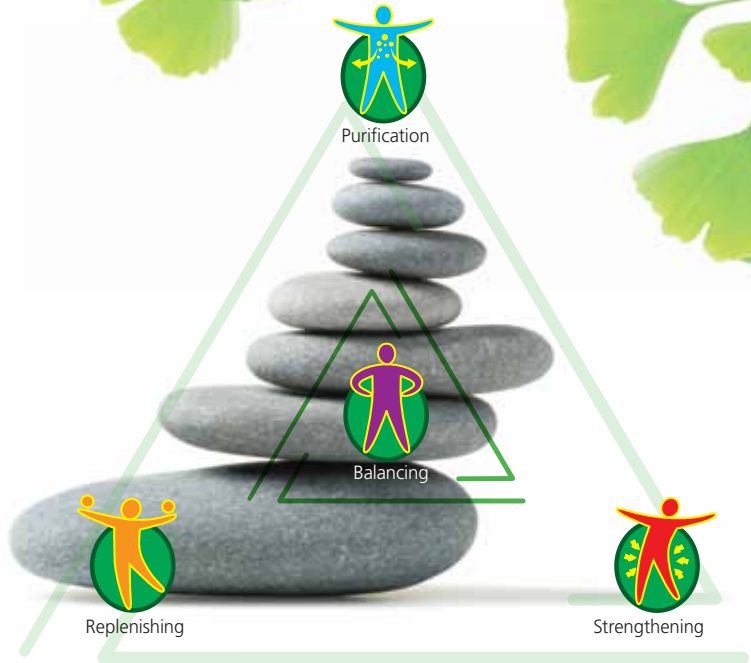
The foundation of Chinese dietetics (nutrition) lies in traditional Chinese medicine and the overall concept of yin and yang.

The yin-yang theory assumes that Qi is the origin of all things, and before creation there was chaos. (Qi is often translated in the western world as life energy, life force or energy flow. The literal translation is breath or air). In the time before creation it's, said that movement and change caused chaos to divide into yin and yang. The contrasting yet complementary relationship between yin and yang is present in all things. The natural world is shaped by it in seeming opposites such as active and passive, day and night, hot and cold, masculine and feminine. Yin represents relative calm, downward movement, cold and darkness, and is introverted. The extroverted yang represents itself through powerful, upward movement, heat and light.

The proportion of yin and yang that surrounds us is relative, not absolute or fixed and under certain conditions the proportion can reverse and transform. Yin and Yang are in a constant exchange between mutual interference and restriction, interaction and dynamic balance. If the fluctuations of yin and yang are too strong, the dynamic balance is disturbed. In nature, the loss of balance manifests as some form of natural disaster.

In humans, an excess of yin leads to congestions, which after time manifest as mood disorders or disease. A yang excess can lead to aggressive behaviour, followed by a periods of low energy and the need to sleep. It is therefore believed that a harmonious balance of these energies will promote human health.

UNDERSTANDING THE HEALTH BALANCE



HEALTHY LIVING

The rapid progress in science and technology has led to fundamental changes in our perception of health and preservation of it.

In order to stay healthy today, it is no longer enough to just prevent disease and injury. It's about a holistic approach, integrating physical, mental and emotional well-being in order to achieve true quality of life.

TIENS products are designed to help restore the harmonious balance of the body. In this brochure you will find lots of helpful information about individual nutrients, vitamins, minerals, antioxidants and their potential impact on health, weight and well-being.

We wish you all the best!

PURIFICATION



UNDERSTANDING HEALTH BALANCE

ACCORDING TO TRADITIONAL CHINESE HEALTH CARE CULTURE, THERE ARE THE THREE COMPONENTS OF BALANCE:
PURIFICATION
REPLENISHING
STRENGTHENING

THE FIRST STEP TO HEALTH IS PURIFICATION OR RIDDING THE BODY OF TOXINS. THE HUMAN BODY OFTEN HAS TO COPE WITH UNHEALTHY DIETS, PHYSICAL AND EMOTIONAL STRESS, ENVIRONMENTAL POLLUTANTS, AND DIFFERENT CLIMATES. THESE CAN ALL HAVE THE EFFECT OF INCREASING TOXINS IN OUR BODY, SUCH AS EXCESSIVE CHOLESTEROL, FATS, PRESERVATIVES AND ARTIFICIAL PIGMENTS, WHICH CAN AFFECT VITAL ORGANS.

Modern lifestyles mean that sometimes we consume too much cholesterol, too little fruit and vegetables and not enough exercise. This can lead to harmful substances being deposited in the blood vessels, which over time, can harden thus narrowing blood vessels and potentially inducing hypertension. Environmental pollution such as car exhaust fumes, heavy metals, computer and cell phone radiation are also other contaminants symptomatic of contemporary living.

Purification is designed to remove toxins from the digestive tract, blood vessels, lungs, skin and other channels so that organs can function normally again. Your TIENS' representative can help devise a personal plan to meet your nutritional needs and the first part of your plan would focus on helping cleanse your body of any harmful substances.



REPLENISHING



BALANCED NUTRITION HELPS REGULATE THE BODY'S SYSTEM JUST LIKE A MACHINE NEEDS REGULAR MAINTENANCE TO RUN SMOOTHLY AND PROLONG ITS LIFE. BOTH CHINESE AND WESTERN HEALTH CARE AGREE ON THE IMPORTANCE OF BALANCED NUTRITION IN THE BODY TO KEEP IT HEALTHY AND ABLE TO DEFEND ITSELF AGAINST ILLNESS, SUB-HEALTH AND THE EARLY ONSET OF AGEING.

Traditional Chinese health care maintains that when the body is properly assigned with the five elements in the cosmos, it will be balanced and stay healthy. If it's out of balance, a major organ can become dysfunctional. The digestive system, circulatory system, respiratory system, urinary and endocrine system all interact with each other. One organ alone cannot perform all body functions and all must act in synergy to maintain harmony. If one organ dysfunctions, others will be affected either directly or indirectly.



STRENGTHENING



BESIDES DETOXIFICATION AND BALANCING NUTRITION, IT'S ALSO ABOUT SUPPLYING THE BODY WITH SUPPLEMENTS THAT ENCOURAGE YIN AND YANG TO THRIVE, THUS STRENGTHENING THE IMMUNE SYSTEM AND ACTIVATING SELF-HEALING POWERS.

It is important to remember that nutritional supplements are not a replacement for a varied balanced diet and exercise. TIENS' products are based on a combination of ancient Chinese wisdom and 21st century nutrition technology. Your TIENS' supplements can help you sleep better and derive optimum benefit from the foods you consume, as well as find greater energy levels for exercise and manage the impact of stress more effectively.



WELLNESS EQUIPMENT & PERSONAL CARE

Traditional Chinese medicine promotes the stimulation and flow of energy 'Qi' through the channels in a body's energy network to improve circulation, movement and overall quality of life. Reflexology, acupressure, acupuncture and massage have similar origins in Chinese medicine and share the concept of using pressure points on the body to relieve stress and promote the body's ability to heal.

Tiens Wellness Equipment offers complementary therapy based on the ancient Eastern practice of stimulating certain regions on the feet, hands or ears associated with other organs within the body.





IT'S TEA TIME

Tea is among the world's oldest and most revered beverages. Tea drinking has long been an important aspect of Chinese culture. Its popularity spread from its origins in China to Western Europe and the Americas. So popular is tea that it is the most commonly consumed beverage in the world after water. Over the past few decades, scientists have taken a closer look at tea and have discovered that much of the beliefs about the health benefits may actually be true.

TIENS PREMIUM QUALITY TEA

Whether you start your day with an invigorating cup of tea or wind down with a soothing cup at bedtime, our specially selected herbal teas are an easy and delicious way to add beneficial herbs to your diet.



Our rigorous pesticide, antibiotic and heavy metal monitoring ensures the highest quality of our herbal ingredients



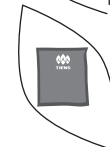
Our careful cryogenic processing methods help maintain the potency of our herbal ingredients



Our specially designed paper tea bag of high extractive capacity uses less paper than conventional tea bags



Our product is staple (metal) free. Better for you, better for the environment



Our airtight sachets ensure better preservation of our herbal ingredients

LIPID METABOLIC MANAGEMENT TEA



Gynostemma
Pentaphyllum,

Ingredients:

Gynostemma Pentaphyllum
Folium Nelumbinis
Radix Polygoni Multiflori
Green Tea
Cassia Seed
Contents: 40 bags

Also known as Gynostemma Tea, this tea has been regarded in China as a 'miracle' herb, a favourite of the first emperor of Qin Dynasty, Qin Shi-Huang, who conquered all the independent Chinese states to create the first Chinese Empire. He endured long hours of work during which he enjoyed drinking this special tea from a herb authorised for his use only.

Gynostemma contains many amino acids, vitamins and minerals that are needed by the human body, including calcium, iron, magnesium, phosphorus, potassium, selenium, zinc and many more. Scientists have found that Gynostemma has an adaptogen similar to that of Ginseng, it helps energise and revitalise the body and supports a healthy immune system.

Dosage:

1 or 2 bags, two or three times a day.
Put it in hot but not boiling water for 10 minutes, and drink. The same bag can be used 2-3 times.

DIGESTIVE INFUSION

The Tiens Digestive Infusion is a perfect combination of three plants considered among the most aromatic and beneficial plants available to us.

History indicates that traditionally the ingredients were used as they are today - mainly for helping with digestive problems to soothe indigestion, nausea, and spasms. They also have a beneficial effect on respiratory problems and even headaches.

The choleric and eupeptic properties of these plants, stimulate the liver and aid our digestive processes. They may also help to reduce motion sickness, as symptoms are often worsened by inefficient digestive processes, for example after a heavy meal.

Tiens Digestive Infusion offers a carminative action, helps promote digestion, helps reduce flatulence and is an excellent source of antioxidants!

Contents: 30 bags

Dosage: Take 2 to 3 cups per day, preferably after meals.
The same bag can be used 2-3 times.



Ingredients:

Dried Camomile Plant (*Matricaria chamomilla*)
Dried Peppermint leaves (*Mentha x piperita*)
Dried Anise Fruits (*Pimpinella anisum*)





ANTI STRESS INFUSION

The Tiens Anti Stress Infusion is a natural combination of carefully selected herbs commonly used to help bring comfort to those suffering the effects of nervousness, irritability, distress or having sleeping difficulties. It is also known to help with stomach problems caused by nervousness.

Lemon Verbena leaves provides this infusion with a wonderful flavour and at the same time the essential oil and flavonoids from the leaves can help stimulate appetite, and provide an antiseptic and spasmolytic action.

Tiens Anti Stress Infusion offers lightly calming, digestive and carminative benefits.



Ingredients:

- Dried Bitter Orange Fruit and Leaves (*Citrus aurantium*)
- Dried Lemon Balm Leaves (*Melissa officinalis*)
- Dried Lemon Verbena Leaves (*Lippia triphylla*)



Contents:

30 bags

Dosage:

Take 2 to 3 cups per day. The same bag can be used 2-3 times.



GREEN GINSENG INFUSION



Ingredients:

Dried Green Tea Leaves (*Camellia sinensis*)
Dried Ginseng Roots (*Panax ginseng*)



Contents:

30 bags

Dosage:

Take 2 to 3 cups per day. The same bag can be used 2-3 times.

The Tiens Green Ginseng Infusion is a fantastic combination of two of the most valued plants used for thousands of years, not only in infusions but to help promote general health.

Green tea is believed to act directly on the energetic balance of our cells, increasing our levels of biological energy (AMP), providing an energizing and anti-fatigue effect.

The ginseng root is frequently used as a general tonic or 'adaptogen' - a metabolic regulator which increases the ability of an organism to adapt to environmental factors. It is believed to increase our overall resistance to stress and infection and to help enhance our physical and mental performance.

The Tiens Green Ginseng Infusion is formulated to help enhance concentration, provide support to our bodies in times of physical weakness and exhaustion and help speed recovery during convalescence.

HAIR, SKIN & NAIL INFUSION

The Tiens Hair, Skin & Nail Infusion contains the prized Horsetail plant, renowned for its high silica content which is believed to help promote the re-mineralization and toning of connective tissue.

The biological silica involved in the synthesis and repair of collagen, plays an important role in the prevention of hair loss and improves the resistance of our collagen to aging and environmental aggressors. This is achieved by promoting the formation of cross-links in the protein keratin, leading to improved strength of the keratinous tissues found in hair and nails.

The Tiens Hair, Skin & Nails Infusion is a source of silica, which can help promote the regeneration of collagen and increase the strength and elasticity of the extracellular matrix.



Ingredients:

Dried Horsetail Plant
(*Equisetum* sp.)

Contents:

30 bags

Dosage:

Take 2 to 3 cups per day.

The same bag can be used 2-3 times.



DIGESTION & WEIGHT LOSS SUPPORT... ... LOVE YOUR BELLY

Digestive complaints such as constipation, bloating, gas, acid reflux or nausea are very common, but can usually be fixed with lifestyle changes and supplement remedies. Most people have some digestive complaints but are embarrassed to talk about it.



These symptoms are not healthy and are a signal that your digestive system is not functioning at its best. Poor digestion contributes to suboptimal vitamin and mineral absorption, which can interfere with weight loss. On top of that these symptoms can be pretty uncomfortable.

BANTING VEGETAL ESSENCE TABLETS

The main ingredients of TIENS Banting Vegetal Essence Tablets are extracted from four natural plants native to Europe: bladderwrack algae, hawthorn, burdock, and fennel. Expertly mixed with plant fibre, they combine to form a purely natural product designed to offer nutritional support as part of a calorie controlled programme for weight loss. TIENS Banting Vegetal Essence Tablets have a rich source of flavenoids which help combat high levels of lifestyle induced stress in addition to valuable plant extracts, providing natural plant fibres and improving digestion.

Ingredients:

Bladderwrack algae, hawthorn, burdock and fennel.

Contents: 180 tablets

Recommended Usage:

Banting Vegetal Essence Tablets are not a meal replacement. For best results take 2 tablets 3 times a day immediately before meals with water.



CHITOSAN PLUS CAPSULES

Chitosan is a naturally occurring substance, a plant fibre chemically similar to cellulose. Unlike regular plant fibre, chitosan has the ability to significantly absorb and bind fat in the digestive tract, thus preventing fat absorption. Additionally, chitosan can also produce a bulking effect that increases satiety.

Chitosan acts as a soluble fibre in the acidic environment of the stomach and interacts with dietary fats. As it goes through the small intestine, it becomes insoluble and forms a gel-like complex. This makes the intestine less acidic, as chitosan binds with fats and bile acids to form a gel-like complex, leaving the fat indigestible.

This insoluble complex then passes undigested through the large intestine and is then naturally eliminated. Part of its effectiveness is based on the fact that bioadhesive chitosan carries a positive charge, which enables binding with the negatively charged surfaces of fatty and bile acids. A decrease in bile activity also indirectly reduces fat absorption.

Additional Benefits: Vegetarian friendly: Tiens Chitosan Plus is a chitosan obtained from non-animal sources and is suitable for vegetarians. It is superior to common chitosan sourced from crustacean shells, due to an increased absorption rate.



Ingredients per capsule:

Brown Rice Flour 340 mg
Vegetable Chitosan Powder 150 mg
Magnesium Stearate (veg.) 5 mg

Contents:

60 capsules

Dosage:

2 capsules, twice a day.

CARB BLOCKER CAPSULES



Ingredients:

White Kidney Bean Extract, Caffeine Anhydrous Powder, Ascorbic Acid 97% (Vitamin C), Magnesium Stearate Veg, Hypromellose Vegetarian Capsule Shell, Brown Rice Flour.

In many regions of China, where people are very healthy and enjoy long life, the White Bean is a very popular important part of their daily diet. Excess consumed carbohydrates are converted by the body to sugars and stored as fat. The best way to help inhibit this process is to delay digestion and absorption of starches. White kidney beans contain a natural carb blocker which may help block production of the digestive enzyme alpha-amylase. This enzyme is responsible for the break-down of starches so they can be absorbed in our gastrointestinal tract. By blocking the effect of the alpha-amylase enzyme, white kidney bean extract will result in some starches passing through your system undigested. Anhydrous caffeine is caffeine in dehydrated form. It is absorbed faster by the body compared to coffee. For dieters who feel sluggish and need a little something extra to help get them through the day, caffeine is a popular solution. This no-calorie stimulant does the job quickly and effectively.

Content: 60 Capsules

Recommended Usage:

Take 1 Capsule twice a day 15 minutes before eating.



CAPSILITE CAPSULES



Capsaicin is the active component of chili peppers. Recent studies have shown that capsaicin may help people lose weight by suppressing the appetite, boosting metabolism, and inhibiting the formation of fat cells. The substance turns up the heat in the human body increasing an effect called thermo genesis (the process of generating energy in our cells). This encourages the body to burn off more calories. Black pepper has the potential to stimulate gastric secretions and help raise metabolic rate. By increasing metabolism the body burns fat at a faster than normal rate. Nicotinamide is involved in a wide range of biological processes including the production of energy, synthesis of fatty acids, antioxidant and anti-inflammatory activity.

Ingredients:

Capsaicin Extract, Anhydrous Caffeine, Black Pepper Extract, Nicotinamide (Vitamin B3).

Content: 30 Capsules

Recommended Usage:

1 Capsule 30 to 60 minutes before exercise or

1 Capsule before breakfast on non-workout days.

Functions & Benefits:

- Burns more calories daily.
- Stimulates the oxidation of fat and carbohydrates.
- Reduces appetite levels.
- Helps improve performance and endurance.
- Helps your body burn more fat and reduce the growth of fat cells.

TIENS LIFESTYLE PROGRAMME – PRODUCT PACK

TIENS Lifestyle Program (TLP) offers a holistic understanding of long-term wellness. TLP is a guideline to achieving a perfect balance between healthy nutrition, physical activity and daily supplementation with TIENS world renowned supplements. It's never too late to change your habits and by establishing a healthy lifestyle now, you'll continue to reap the rewards in the future.

TIENS Lifestyle Programme brings you the essence of Traditional Chinese medicine and Chinese healthy lifestyle. Healthy people are stronger, more productive, able to create better opportunities and live happier lives.

58 % of adults in the UK are overweight. 1 in 7 children are obese. Obese people die 8-10 years earlier than those of normal weight*

* NHS statistics, 2013

HEALTHY WEIGHT LOSS & WEIGHT MANAGEMENT





L-CARNITINE CAPSULES



Ingredients per capsule

L-Carnitine Tartrate 400 mg,
L-Arginine 100 mg, Nicotinamide 8
mg, Pyridoxine Hydrochloride 7 mg,
Magnesium Stearate (veg.) 5 mg

Contents: 60 capsules

Dosage:

1 capsule per day.

L-Carnitine is an amino acid that helps maintain overall well-being by facilitating the transfer of fatty acids for cellular energy production. It can be found naturally in red meat and other animal sources, but supplementation is recommended in order to obtain optimal levels in the body.

L-Carnitine directly and indirectly sustains regular metabolic function. L-Carnitine mainly increases the rate at which fat is burned. This tends to reduce fat and build lean muscle mass. It can improve vitality, keep the heart in good condition and help slow down the aging process.

Tiens L-Carnitine Capsules also contain arginine and niacin, which augment its benefits. Arginine is essential to a number of different functions within the body. It supports the body's cleansing processes and metabolism and also maintains our natural resistance.

As a natural dietary supplement, arginine has attracted particular attention for its potential benefits of keeping the heart in good shape.

Niacin is involved in a wide range of biological processes, among them burning energy, the synthesis of fatty acids and cholesterol, and naturally present steroids. Niacin contributes to the maintenance of normal skin and helps to reduce tiredness and fatigue.

It also contributes to the normal functioning of the metabolism and mental performance, including concentration, learning and memory.



FOS SYRUP

Fructooligosaccharides (FOS) are low-calorie, non-digestible carbohydrates that can improve food taste and texture while aiding immunity, bone health and the growth and balance of important bacteria in the digestive track.

Fructooligosaccharides are naturally found in chicory, onions, asparagus, wheat, tomatoes and other fruits, vegetables and grains.

FOS provides approximately 30-50% of the sweetness of regular sugar, it can be used

to enhance flavour and lower the amount of sugar in a food product.

In addition FOS are considered prebiotics. After they are consumed, fructooligosaccharides move to the large intestine to stimulate the production of microbiota in the colon and gastrointestinal track. Microbiotas are “friendly, beneficial” bacteria. Microbiotas produce essential nutrients such as short-chain fatty acids, control epithelial cell growth, prevent overgrowth of infectious organisms, boost intestinal immunity and prevent inflammation, diarrhoea and other intestinal conditions. This “essential ecosystem” provides an important “balance between health and disease” and an increase calcium and magnesium absorption in the body.



Ingredients:

Fructooligosaccharides

Contents: 6 bags x 10 ml

Dosage:

Can be used as a healthy sweetener to any beverage or added to cereals, fresh fruit, yoghurt or fruit juice.

One to two sachets a day (10ml each) for adults.

DIGEST TABLETS



Ingredients:

Inulin, vegetable cellulose, apple pectin, linseed, bifidobacterium, lactobacillus acidofilu 5%

Contents: 90 tablets

Dosage:

2 tablets with every meal, chew well and swallow with ½ cup of water.

Young and older people alike, can all do with giving their digestive system a little help from time to time. With this in mind we created Digest Tablets, the natural way to assist your body's digestive process. A remarkable compound of natural soluble and insoluble fibres from plant sources long used to help maintain health and wellbeing in the intestines by helping the natural passage of food. A careful mix of natural plant substances and specially freeze dried lactic acid bacteria help bulk the contents of the digestive tract in two ways. Firstly, the fibrous content of the plants creates a greater volume of material in the gut that is helpful to the growth of beneficial bacteria already naturally present in the digestive system. Secondly, the addition of the extra freeze dried bacteria helps strengthen the balance of beneficial gut flora even further.

If you are one of the millions of people who don't have time to manage your key daily dietary needs – if you are regularly feeling bloated, tired and don't have the energy to do the things you want to, try adding Digest Tablets to your daily routine.

FROM THE CLEANEST WATERS IN THE WORLD

OMEGA-3 KRILL OIL CAPSULES



Ingredients per capsule:

Marine phospholipids 200mg
Total omega-3 110mg
EPA 60mg
DHA 27.5mg
Astaxanthin 25 Ug

Contents: 30 capsules

Dosage:

1 capsule twice a day.

Two essential fatty acids in omega-3 oils crucial to our health are DHA and EPA. They are not only essential to maintaining our health, scientific research indicates that they may also promote heart health and strengthen the immune system. The human body cannot produce these fatty acids and their deficiency may result in various illnesses and ailments.

The uniqueness of Tiens Krill Oil is that the omega-3 fatty acids are provided in phospholipid form. Phospholipids form the structural basis of cell membranes in our body. Tiens Krill Oil is easily recognized, incorporated and utilised by the body. Because of this lower dosage, Tiens Krill Oil can give better results than traditional Omega-3 oil derived from fish.

Tiens Omega-3 Krill Oil contains the antioxidant 'Astaxanthin'

Astaxanthin is the red pigment found in Krill. It is a powerful antioxidant which can help rid the body of free radicals that may contribute to various diseases and illnesses. Astaxanthin is also known for its anti-aging capabilities. Astaxanthin crosses the blood-brain and blood-retina barrier, where it can help protect the eyes, brain and central nervous system from free radical damage.

Tiens Krill Oil is sourced from

Antarctic krill. Antarctic krill oil is the world's purest source of marine Omega-3. To preserve the high quality of the krill, the gentle harvesting is immediately followed by careful processing.

WELLNESS AND VITALITY...

At all stages of life vitality means being the best you can be. That means not just the absence of illness but wellness in the fullest sense—physical, mental and emotional wellness.

Of all the many non-medical components and contributions to wellness, full nutrition is arguably the most important.



KANGLI PLUS CAPSULES



Ingredients:

Brown Rice Flour, Soya Isoflavones, Vitamin E, Ascorbic Acid, Niacinamide, Magnesium Stearate (veg.), Calcium Pantothenate, Vitamin B12, Piridoxine Hydrochloride

Contents:

30 capsules

Dosage:

1 capsule per day.

A powerful combination of B Vitamins, Soya Isoflavones, Vitamin C and Vitamin E, Tiens Kangli Plus is a multi-vitamin supplement that helps support wellness both inside and out. Promoting mental balance and metabolic vitality, as well as fresh looking skin, this multivitamin is packed with nutrients to keep you feel vigorous and look great.

Soybeans contain isoflavones, natural substances acting in our bodies as plant-based estrogens (called phytoestrogens), which can be especially beneficial to women's internal balance. Soy has also been reported to help balance lipid metabolism, both in men and women. The American Diabetes Association notes that using soy products to replace foods high in saturated fat can help balance lipid metabolism.

Vitamin B12 is a water-soluble vitamin that helps to maintain stability in neurological and psychological functions. Vitamin B12 also contributes to normal red blood cell metabolism and is responsible for ensuring that many critical body processes, such as cell resistance and red blood cell formation, function smoothly. Another beneficial effect of taking vitamin B12 is reduction of tiredness and fatigue.

Vitamin C (Ascorbic Acid) contributes to the normal functioning of the immune

system and energy-yielding metabolism. It helps maintain skin elasticity, protects cells from oxidative stress and free radicals, as well as contributes to the reduction of fatigue.

Vitamin B3 (Niacin) contributes to our mental performance, including concentration, learning and memory. Niacin, which has an impact on synthesis of fatty acids and also carries antioxidative properties, maintains normal skin and helps women sustain their beauty.

Vitamin B5 (Pantothenic Acid) contributes to normal functioning of the brain and to the reduction of tiredness and fatigue.

Vitamin E is an important antioxidant and a protective measure against free radicals. It acts as a scavenger, preventing the propagation of free radicals in tissues. As vitamin E is fat-soluble, it is incorporated into cell membranes, which protects them from oxidative damage and ageing.

Additional Benefits:

Women's health: Isoflavones can be especially beneficial to women. They have the potential to calm and reduce areas of imbalance, and may help to ease feelings of stress, mood swings and other problems associated with women's reproductive sphere.

VITALITY SOFTGELS

TIENS Vitality Softgels is a food supplement with precious wheat germ oil and vitamin E. Wheat germ oil is a cold-pressed cereal grain oil. It is the most abundant source of vitamin E and contains particularly large amounts of beta-tocopherol, the biologically most active form of vitamin E.

The health benefits of vitamin E come from its antioxidant properties. Antioxidants remove free radicals - the unstable compounds that damage the cell structure. Another widely known health benefit of vitamin E is in skin care and hair care. Vitamin E promotes the circulation of blood to the scalp, it helps alleviate fatigue and strengthen capillary walls while nourishing the cells. Vitamin E also benefits the skin by helping it retain its natural moisture content.

2 capsules of TIENS Vitality Softgels meet 96% of the daily requirement for vitamin E.



Ingredients:

Wheat germ oil, Lecithin, Beta-carotene.

Contents:

30 capsules

Dosage:

1 Capsule, two times a day.

CELL REJUVENATION CAPSULES



The main ingredient of TIENS Rejuvenation Capsules is high quality carrot extract. Carrots contain large amounts of vitamin C, valuable B-vitamins, folic acid, some vitamin D and E, essential oils, iron, magnesium, calcium and phosphorus, as well as an important amount of the immune-strengthening element, selenium.

Gynostemma is an adaptogenic herb that helps the body self-regulate. This is normally managed by the human neuro-endocrine (NE) system. When the NE system gets out of balance many problems can happen including, diabetes, high blood pressure, weight gain or loss, insomnia, irritability, problems with thinking and memory or hormone problems. Gynostemma helps return the body to balance.

Ingredients:

Carrot extract, Maltodextrin, Gynostemma pentaphyllum (Jiaogulan), Tea polyphenol, Antioxidant L-ascorbic acid, Anti-caking agent Magnesium Stearate.

Contents: 150 capsules

Dosage:

4 capsules, three times a day, with warm water.



Gynostemma

EVENING PRIMROSE OIL PLUS CAPSULES



Ingredients:

Evening Primrose Oil,
Natural Vitamin E

Contents: 60 Capsules

Dosage:

1 to 2 capsules per day.

Evening Primrose Oil provides the fatty acids Linoleic Acid (LA) and Gamma Linolenic Acid (GLA). Not all fatty acids can be made in the body so must be supplied through diet or supplementation.

Within the body Linoleic Acid is metabolised to GLA, which is essential for the production of certain hormone-like substances called prostaglandins.

Evening Primrose seeds contain one of the highest known concentrations of GLA and are largely responsible for the remarkable healing properties attributed to this plant. The plant continues to be studied, in order to determine the full range of its benefits.

Each capsule of Tiens Evening Primrose Plus contains 9 percent Evening Primrose Oil, equaling 500 mg of GLA, and 15 mg of natural Vitamin E, an antioxidant which contributes to the protection of cells from oxidative stress, reducing free radicals and ensuring cellular vitality. Studies have shown that natural Vitamin E is absorbed by the body much more easily than synthetic versions of the vitamin. This is because the specific binding and transporting proteins contained in the liver that are required for proper absorption actively select natural forms of the vitamin, largely ignoring synthetic versions.

Additional benefits:

Skin: GLA, linoleic acid and other nutrients found in evening primrose oil are essential for the preservation of cell structure. As skin ages, the connections between cells breakdown and cause the formation of wrinkles. GLA improves these connections, specifically boosting skin elasticity.

Women's well-being: Traditionally, evening primrose oil has been used to help ease unpleasant symptoms of menopause and premenstrual syndrome.

MACA PLUS CAPSULES

Maca is a root plant that grows high in the Peruvian Andes mountains. It is consumed both as a food and a natural stimulant. Some research suggests that Maca may have certain benefits like the reduction of fatigue. Known as “Peruvian Ginseng”, Maca’s wellness properties have been known for thousands of years. Long used to enhance energy and boost stamina, Maca is often touted as an aphrodisiac and a natural stimulant to improve sexual performance and fertility. It is also popular as a natural source of energy for the body’s performance and brain function.



Ingredients:

Maca root powder, Brown Rice Flour, Magnesium Stearate (veg.)

Contents: 60 Capsules

Dosage:

1 capsule up to 3 times per day.

ZINC PLUS CAPSULES

Zinc is an essential mineral (micronutrient) that is naturally present in foods like oysters, wheat germ, beef, veal liver, dark chocolate and peanuts. Zinc is fundamental to the proper function of the immune system, and plays a pivotal role in the body’s growth and energy-producing processes. Zinc deficiency impacts human growth, protein synthesis and can jeopardise natural resistance.

Daily intake of Zinc is essential to maintain a steady state, as the body has no specialised zinc storage system.

Each capsule of Tiens Zinc Plus contains 130 mg of Zinc and helps to replenish normal zinc levels. Zinc is involved in numerous aspects of cellular metabolism, and is necessary in the catalytic activity of approximately 100 enzymes, balancing interactions between essential trace elements in the body. It plays an essential role in natural resistance, protein synthesis and cell division. Zinc is also vital for a proper sense of taste and smell.



ZINC IS AN
ESSENTIAL
MINERAL THAT
STIMULATES
THE ACTIVITY
OF ABOUT 100
ENZYMES IN
THE BODY

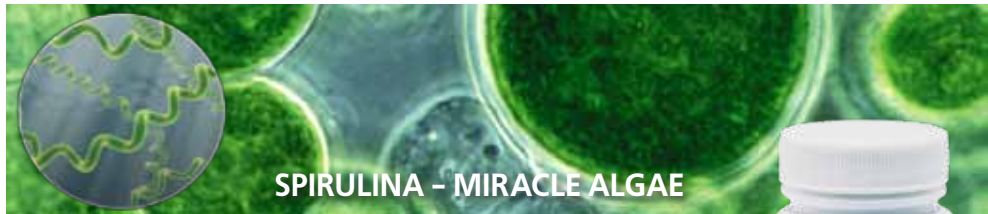
Ingredients per capsule:

Zinc Gluconate 130 mg,
Brown Rice Flour 50 mg,
Magnesium Stearate (veg.) 5 mg

Contents: 60 Capsules

Dosage: 1 capsule per day.

PURE SPIRULINA CAPSULES



SPIRULINA – MIRACLE ALGAE

Rich in protein, gamma-linolic Acid (GLA), vitamins and minerals, spirulina is a World Health Organization (WHO) approved health food. Considered the Super Food of longevity in Japan, Spirulina is a wholesome food supplement, and the richest source of protein, vitamins, minerals and other nutrients. This makes Spirulina an indispensable food supplement for the 21st Century.

Spirulina is one of the oldest marine plants in the world, existing almost unchanged for the last three and a half billion years. A popular dietary supplement, it packs a potent nutritional punch. It contains an impressive 60% all-vegetable protein and a powerful combination of

important vitamins and minerals, such as iron, vitamin E, zinc, B-complex, copper, calcium and magnesium. A rich source of natural antioxidants such as beta-carotene, while also containing the essential fatty acid GLA, this algae helps to sustain metabolic balance at all ages.

Spirulina algae is very sensitive to heavy metals, therefore it is grown in pollution-free locations.

Additional Benefits

Spirulina has been posited to have a positive effect on eyesight and helps sustain natural resistance, the body's metabolism and glycemic balance, mental performance, and endurance.



Ingredients per capsule:

Spirulina Powder 450 mg,
Magnesium Stearate
(veg.)

Contents: 60 Capsules

Dosage:

2 capsules per day

GARLIC PLUS CAPSULES



Ingredients per capsule:

Soybean Oil 406 mg
Silicon Dioxide 17 mg
Deodorized Garlic
Powder 2 mg

Contents :

60 capsules

Dosage:

1 capsule per day



Garlic (*Allium Sativum*) is a plant that has amazing antioxidative properties that promote vitality and sustain cholesterol balance. The phenomenal herbal benefits of garlic, including strengthening vitality and improving resistance during seasonal changes, have been known about for centuries. This is largely attributed to

GRAPE EXTRACT PLUS CAPSULES

Grape seed extract is a powerful antioxidant that plays an important role in promoting healthier and younger looking skin. Grape seed extract is an anti-aging wonder. Bioflavonoids in grape seed extract help strengthen and protect cell membranes from oxidative damage caused by free radicals, which are a natural result of cell aging. It helps to repair connective tissue while promoting skin enzyme activity. The antioxidant properties of grape seed extract are considered to be stronger than those of vitamin C and vitamin E.

Each capsule of Tiens Grape Seed Plus contains



191 mg of Grape Seed extract and 30 mg of onion extract. The extracts contain flavonoids, resveratrol and quercetin, respectively. These antioxidants have a free radical-scavenging capacity, important in maintaining well-being, and slowing down aging and age-related processes. Flavonoids are known for their positive effect on the permeability of vascular capillaries. Onions have the highest known quercetin content (200-600 mg/kg). Resveratrol, found in the skins of grapes, not only has antioxidant properties but also promotes cell homeostasis and increases longevity.



Ingredients per capsule

Grape Seed Extract (5% Resveratrol) 191 mg
Brown Rice Flour 1150 mg
Maltodextrin 116 mg
Onion Extract (40% Quercetin) 30 mg
Polygonum Extract (50% Resveratrol) 5 mg
Magnesium Stearate 5 mg
Content: 30 capsules
Dosage: 1 capsule twice a day.

Allicin, a liquid that is contained within it, known as a natural and powerful immune stimulant. Garlic has been used for over 7,000 years for both culinary and medicinal purposes.

Tiens Garlic Oil Plus is a convenient way to reap the benefits of garlic without the unpleasant side effect of its odour. Every capsule contains 2 mg of deodorized garlic powder and 406 mg of soybean oil. Soybeans contain important elements essential to good nutrition, including protein, complex carbohydrates, polyunsaturated fat (triglycerides) and linoleic fatty acids. Soybean oil also contains

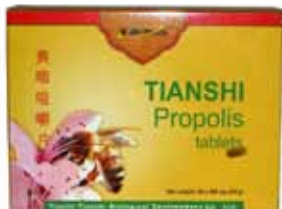
various vitamins and minerals, including calcium, folic acid and iron. All of them together help women sustain internal balance.

Additional Benefits:

CHOLESTEROL: Studies confirm that garlic sustains lipid balance. Eating a diet rich in essential polyunsaturated fatty acids and maintaining lipid balance improves cell quality and improves well-being.

CELL VITALITY: Linolenic fatty acids found in soybean oil help the body to absorb nutrients from food and help to grow and maintain healthy cells.

PROPOLIS TABLETS



Ingredients:

Dextrose, Propolis (25%), Agrimonia Extract, Citric Acid, Vitamin C, Orange Aroma.

Contents: 60 Capsules

Dosage: 2 tablets 3 times a day.



Propolis is a resinous mixture that honey bees collect from tree buds, sap flows and other botanical sources. Natural medicine practitioners use propolis for the relief of various conditions, including inflammations, viral diseases, ulcers, superficial burns or scalds. It contains 65 % Etheric oils, many Vitamins, Amino acids, up to 30% microelements, e.g. Calcium, Magnium, Zinc, Selenium and Iron. Chewing Propolis tablets are effective in treatment of ocular cavity and throat. Moreover it strengthens immunity, regulates the amounts of lipids and sugar in blood.



DATES – UNIQUE SOURCE OF NATURAL VITAMIN C AND IRON

DATE ORAL LIQUID



Ingredients:

Golden-silk Jujube extraction

Contents:

10 bottles

Dosage:

One bottle daily, dilute with about 100ml warm water and drink.



CORDYCEPS – STAMINA AND IMMUNE BOOSTER

CORDYCEPS CAPSULES



Ingredients: Cordyceps Mycelium Powder

Contents: 100 Capsules

Dosage: 1 or 2 Capsules, once or twice a day

Cordyceps Sinensis is a fungus which grows in the alpine regions of Tibet. Botanically it belongs to the fungi family and over the past 1200 years has been referred to as the 'miracle' ingredient of traditional Chinese medicine. Through high-tech scientific processes, which are strictly monitored to ensure the highest quality, the fungus is produced into capsules. Cordyceps is highly valued by Chinese herbal medicine exponents and has been traditionally used to strengthen the weakened resistance of the respiratory tract and immune system. Cordyceps supports overall good health, strengthens human resistance to disease, builds strength, endurance and stamina. A high-tech process is used in the culturing and separation of Cordyceps Mycelium for the preparation of this product.

Chinese physicians believe that Golden Silk Jujubes, also known as Chinese dates, keep people fit, replenish energy, invigorate the liver, spleen, stomach, and nourish blood and calm nerves. As early as the 17th Century, Chinese people were learning to produce date wine by fermenting jujube fruit. At that time this wine was regarded as a superior tribute and served at banquets. Modern nutritionists believe that Jujube contains abundant vitamins and is of high nutritional and medicinal value.

TIENS Date Oral Liquid's main ingredient is the pollution-free Golden Silk Jujube produced on a

plantation in Cangzhou in Hebei province. The bioactive qualities of the fruit are completely preserved during production by using patented technologies developed by the Chinese research centre. It is a good source of Vitamin C and is therefore hailed as the 'Natural vitamin C pill'. Because of its ability to fight against free radicals, Vitamin C plays an important role in strengthening the immune system. It is an excellent source of iron, which is a valuable component of hemoglobin in red blood cells. Jujube also carries chemical compounds that are beneficial in purifying blood and aiding digestion.



CALCIUM AND LIFE

Calcium plays a major role in our bodies, strengthening bones and teeth and weight management. Calcium also has a role in blood clotting and the regulation of muscle contractions including the heartbeat. Too little calcium in our diet can lead to the bone conditions rickets and osteoporosis. Adequate daily intake of calcium is crucial for your bones, as well as your overall health.

CALCIUM WITH LECITHIN



Ingredients:

Zymolytic Bone Calcium Powder, Lecithin, Taurine, Vitamin B1, Vitamin B2, Vitamin C, B-Cyclodextrin

Contents: 18 Capsules

Dosage: 2-3 capsules 3 times a day.

Lecithin is one of the key building blocks of cell membranes. It protects cells against oxidation and surrounds to protect the brain. The combination of Lecithin and Calcium provide two essential ingredients to help combat age related problems. It may help to reduce tension and stress ensuring a better sleep pattern. The cell membranes in the body are composed largely of lecithin. The protective sheaths around your brain are also made of lecithin. Muscles and nerve cells also use lecithin. Lecithin is high in phosphorous, unites with iron, Iodine and Calcium to give power and vigour to the brain. A lack of lecithin

can cause forgetfulness, digestive problems, nausea, hypertension, joint and muscle problems.

Benefits

Lecithin is required by every single cell in your body. Lecithin prevent arteriosclerosis, protect against cardiovascular disease, improve brain function, increase energy levels, repair damage from alcoholism. It may also help in digestion of fats, aging, immune system disorders, herpes, and chronic fatigue syndrome.

Effectively enhance the functions and vitality of brain, nourish brain cells, improve memory and postpone aging. It helps with the absorption of fat soluble vitamins. Lecithin also enables fats like cholesterol to be dispersed in water and then removed from your body.

Who is Tiens Super Calcium Capsules with Lecithin suitable for?

Super Calcium with Lecithin is designed for people wishing to improve their brain functions and vitality. Elderly people, children and youth who with mental fatigue and those who wish to improve memory.

NUTRIENT SUPER CALCIUM POWDER



Ingredients:

Galacto- Oligosaccharides (GOS), Deatted Milk Powder, Fish Bone Powder, Non-Dairy Creamer, Cocoa Powder, Maltodextrin, Sweetener Saccharin Sodium, Antioxidant Ascorbic Acid, Vanillin Flavour, Ethyl Maltol, Iron (Sulphate), Retinol, Colecalciferol (Vitamin D).

Contents: 10 sachets

Dosage:

1 bag mixed with warm water(60-70°C) or food, once or twice a day.

TIENS Nutrient Calcium Powder offers a balanced combination of Calcium and Vitamins A and D which can contribute to supporting healthy bone metabolism.

Calcium contributes to the formation and maintenance of bones and teeth. It also contributes to normal blood clotting and normal muscle function. It can even contribute to normal neurotransmission.

Marine calcium is rich in bio-calcium making it more quickly absorbed by the body than other calcium sources.

Vitamin A has a role in the process of cell specialisation and contributes to the maintenance of normal mucous membranes. It is known as the 'eye-care' ingredient as it contributes to the maintenance of normal vision. It is also claimed to help normal function of the immune system.

Vitamin D contributes to the maintenance of normal bones and muscle function. It also plays a part in the absorption of calcium.



NUTRIENT CALCIUM POWDER WITH METABOLIC FACTORS



Ingredients:

Enzymolysis bone calcium powder, CTY (cyclopropyl amino acid) 18 kinds of amino acids, collagen, phosphoprotein, mineral substance, Vitamins, pumpkin flour, functional oligosaccharide

Contents: 10 sachets

Dosage:

1 bag mixed with warm water or food, once or twice a day. Dissolve contents of pouch in hot water (60-70 degrees Celsius)

TIENS Calcium with Metabolic Factors (Calcium MF) is developed mainly for people who have high blood sugar levels and produced to supply diabetic people with the level of calcium needed daily. It contains more than 600mg calcium per box. It contains a supplement of pumpkin powder, among which CTY (cyclopropyl amino acid, a blood sugar lowering factor) facilitates effective secretion from the pancreas and liver. It suppresses the accumulation of a particular protein which is present in diabetic cases. It contains malt rootlet which can propagate bacillus in the small intestine and improve the body's immune system. Wheat grass substance helps strengthen immune system.

TIENS Calcium with Metabolic Factors is 100% natural and is low in calories, low in fat and has no sugar ingredients, therefore making it an ideal product for diabetics who suffer from a lack of calcium.

One 10g pouch contains more than 360mg of enzymolysis bone calcium powder. This product contains CTY, which can effectively regulate the secretion function of pancreatic gland, stimulate the multiplication of bifidobacteria in the intestinal tract, maintain the normal functions of the intestinal tract, and enhance immunity. In addition, it contains 18 different amino acids, collagen, phosphoprotein, mineral substances and vitamins. Pumpkin flour and functional oligosaccharide are added to protect the pancreas, supplement calcium, lower blood sugar, equalize nutrition and prevent diabetic complications.



ACUPOINT TREASURE

Acupoint Treasure is a pocket-sized acupuncture appliance influenced by ancient Chinese Acupuncture. Electric pulse and magnetic therapy can bring relief to people with abnormal blood pressure, inflammation, pain and circulation problems. The machine scans the acupoints and applies an appropriate electrical pulse to clear channels and stimulate microcirculation of the body. This device is also known as 'Green Therapy' and after 10 years of research and clinical application has proved 98.4% effective, and has been highly recognised and recommended by acupuncturists all over the world



Functions & Benefits:

Relieves the discomfort caused by poor circulation.

Helps to improve the disharmony associated with a wide range of health issues.

Helps to achieve overall wellbeing.

QI CIRCULATIVE MASSAGER



The QI Circulative massager is one of the unique features of our Chinese Traditional Healthcare range. Our feet hold the most important microcirculation networks and this machine plays a vital role in promoting blood and Qi circulation. It uses the theory of acupuncture to stimulate pressure points on the feet and palm to balance a healthy circulation of the whole body. Unfortunately with the progress of modern technology our feet are stimulated less and less; elevators take us upstairs, cars take us to work and computers keep us sitting all day long. Symptoms of poor circulation can range from Raynaud's disease, varicose veins, through to chest pains and leg pains and in severe cases can lead to arteriosclerosis (thickening and hardening of arterial walls which will lead to a loss of elasticity of the artery wall). Poor circulation is particularly prevalent in those who are overweight or who consume too much alcohol.

Improve your blood and Qi Circulation.
NHS: "It is estimated that blood circulation problems are responsible for around 1 in 3 premature deaths in men and 1 in 5 premature deaths in women".



PERSONAL CARE RANGE

HERBAL TOOTHPASTE

Ingredients:

Sorbitol, Silica, Glycerin,
Aqua, Ammonium
Lauryl Sulfate,
Hydroxyethylcellulose,
Fragrance, Lonicera
Japonica (Honeysuckle)
Flower Extract,
Sarcandra
Glabra
(Thunb.),
Chrysanthemum
Indicum Extract,
Eugenol.



COMING SUMMER 2014

AIRIZ SANITARY TOWELS



DAY USE
NIGHT USE
PANTY LINER



Moist environments provide the perfect breeding ground for bacteria and during the menstrual cycle women are vulnerable to inflammation or infection without proper care.

According to doctors in obstetrics and gynaecology, some women suffer from gynaecological diseases due to the improper use of sanitary products. Indeed the World Health Organisation claims that 63% of gynaecological diseases are caused by using poor quality sanitary products which leave women vulnerable to infection during this delicate period and a weakened immune system can lead to more serious health threats.

It is suggested that sanitary towels with cotton surfaces are preferable because they are more absorbent and comfortable. Scented towels or synthetic material should be avoided. Towels should be replaced regularly during periods to help prevent bacterial growth.

AIRIZ Oxygen and Negative Ion sanitary towels combine active oxygen and anion to prevent the build up of harmful bacteria. The towels contain no drugs or chemical composition.

Tianshi Toothpaste is enriched with nulliore, honeysuckle and wild chrysanthemum plant extracts, which could help reduce oral inflammation, swollen or bleeding gums, halitosis and erythrim in teeth. It could also improve the acid-resistance and hardness of the teeth, as well as keeping them free from cavity and root infections. Sarcandra glabra is a herb used for its antibacterial, anti-pyrotic and pain-relieving qualities as well as its potential to promote blood circulation.

Pharmacological studies have shown that the active ingredients of honeysuckle could be both

antibacterial and anti-virus and offer effective protection against staphylococcus aureus,

hemolytic streptococcus, Shigella, typhoid bacillus, meningococcus, pneumococcus, pseudomonas aeruginosa and influenza virus.

Wild chrysanthemum extract which contains alcohol, Yehuhua lactone, amino acids, trace elements and other active ingredients helps prevent

staphylococcus aureus, shigella, escherichia coli and salmonella typhi, and

also has an anti-inflammatory, antioxidant and an analgesic effect.



for her



DOLLY KISS

This perfume evokes charming, seductive women and talks about love's ability to overwhelm you when you least expect it.

The keynote; a fresh rose, mingles with other white and green flowers for a pure, fresh tone meanwhile the raspberry hints evoke the dolls sweet smell.

TRENCH

Definitely floral, feminine and sensual, Trench is an explosion of citrus notes blended with delicate red berries. The heart reveals the purest rose refreshed by a cool mix of green tea and water lily. Warmed by hints of amber, sequoia and cedar wood.



RARE

A perfect balance between sensuality, thanks to the vanilla and white flowers, femininity, through fruity hints, and warmth through amber and benzoin extracts.

Rare represents fresh and smooth blend of red berries, the top opens on delicate freesia and sparkling mandarin hints. This turns to pure seduction through a sensual rose and magnolia bouquet. An ingenious mix of spicy patchouli and amber is warmed up by sweet vanilla and distinctive balsamic notes.



for him



HO

Expression of all the good things of life for a refined man : good wine, good food, best of leisure for a distinctive man. The rare essences of Elemi, Myrrh, and Incense are here to express the originality of the fragrance.

HO opens up on mystic incense and coriander notes. This is followed by an incomparably luminous range of seductive notes: majestic hyacinth, delicate violet and fresh lavender. Warm amber and rich myrrh and musk are the key signatures of the fragrance
HO is a concentrate of seduction and "Chic".

ENVOL

Blend of the flowers and woods, wind and freedom. ENVOL fragrance gives the perfect level of energy required by a man to 'take off'. Envol reveals energy and freshness with its perfect balance of subtle bergamot and cardamom top notes. Its keynotes blend a rare galbanum and sparkling water melon enhanced by hints of violet. The basenotes of cedarwood and incense give the fragrance a warm touch .

Feel the fascinating attraction ENVOL
Aromatic Fresh Bergamot, Blackcurrant, Cardamom
Water melon, Galbanum, Violet Cedar wood, Musk,
Incense.





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